



THE ELMS, OAKS AND MAPLES DAY NURSERIES

Sickness and Illness Policy

At The Elms, Oaks and Maples Day Nurseries we promote the good health of all children attending. To help keep children healthy and minimise infection, we do not expect children to attend nursery if they are unwell. If a child is unwell it is in their best interest to be in a home environment with adults they know well rather than at nursery.

Our procedures

In order to take appropriate action of children who become ill and to minimise the spread of infection we implement the following procedures:

- If a child becomes ill during the nursery day, we contact their parent(s) and ask them to pick up their child as soon as possible. During this time we care for the child in a quiet, calm area with their key person, wherever possible
- We follow the guidance given to us by National Health Service (NHS)
<https://www.nhs.uk/tools/pages/childhoodillness.aspx>
- Should a child have an infectious disease, such as sickness and diarrhoea, they must not return to nursery until they have been clear for at least 48 hours. We notify Ofsted as soon as possible and in all cases within 14 days of the incident where we have any child or staff member with food poisoning. We inform all parents if there is a contagious infection identified in the nursery, to enable them to spot the early signs of this illness. We thoroughly clean and sterilise all equipment and resources that may have come into contact with a contagious child to reduce the spread of infection
- We exclude all children on antibiotics for the first 24 hours of the course (unless this is part of an ongoing care plan to treat individual medical conditions e.g. asthma and the child is not unwell.) This is because it is important that children are not subjected to the rigours of the nursery day when they are not feeling well. It also supports advice from the Nurse Educating Team that state if children are going to have an allergic reaction to a medication then it will be in the first 24 hours.
- We have the right to refuse admission to a child who is unwell. This decision will be taken by the management team on duty and is non-negotiable
- We ensure information posters about common child illnesses and head lice readily available and displayed if the nurseries have confirmed cases. With regards to head lice, all parents are requested to regularly check their children's hair. If a parent finds that their child has head lice we would be grateful if they could inform the nursery so that other parents can be alerted to check their child's hair.

Meningitis procedure

If a parent informs the nursery that their child has meningitis, a member of the management team will contact the Infection Control (IC) Nurse for their area or the Nurse Educators Team. The IC Nurse will give guidance and support in each individual case. If parents do not inform the nursery, we will be contacted directly by the IC Nurse and the appropriate support will be given. We will follow all guidance given and notify any of the appropriate authorities including Ofsted if necessary.

In the event of a pandemic outbreak such as COVID 19 nursery would follow all Public Health England, Government and The World Health Organisation guidance and procedure.

Transporting Children to Hospital Procedure

The nursery management team/staff member must:

- Call for an ambulance immediately if the illness is severe. DO NOT attempt to transport the sick child in your own vehicle
- Inform a member of the management team immediately
- Whilst waiting for the ambulance, contact the parent(s) and arrange to meet them at the hospital
- Redeploy staff if necessary to ensure there is adequate staff deployment to care for the remaining children. This may mean temporarily grouping the children together
- Arrange for the most appropriate member of staff to accompany the child taking with them any relevant information such as registration forms, relevant medication sheets, medication and the child's comforter
- Remain calm at all times. Children who witness an incident may well be affected by it and may need lots of cuddles and reassurance. Staff may also require additional support following the incident.

This policy was adopted on	Signed on behalf of the nursery	Date for review
01/12/2017	Paula Hunt	February 2025

The University has three nurseries: **The Maples** and **The Elms** in Edgbaston, and **The Oaks** in Selly Oak, for ages 6 weeks to 4 years. They're open to all, whether you have a connection to the University or not. Contact us today to ask about availability.